

Our place intention

...is to collaborate better and integrate further, to redesign and deliver services that meet population need. Working with our citizens and stakeholders we have developed a York 'Prospectus' which describes the state of our system in 2022, the changes we are currently putting in place, and what people have told us they would like to see in future years.

Strengths for health and care in York



<p>Improved links between primary care and wider social interventions, e.g. through social prescribing</p>	<p>Many wonderful NHS and care staff, and commitment shown in e.g. the vaccination rollout</p>	<p>An abundance of health assets – green space, access to culture and heritage, community venues</p>
<p>An emerging aligned set of prevention services / practitioner networks</p>	<p>Research and innovation – the potential from clinical trials and operational insight</p>	<p>Use of technology to enable care and improve ways of getting help (but guard against digital exclusion)</p>
<p>The depth and togetherness of the voluntary sector</p>	<p>The power of involvement – seen in several 'coproduced' initiatives</p>	<p>Geography, in terms of our aligned providers, VCSE and council</p>

Challenges for health and care in York



<p>An overstretched, tired and burdened workforce where morale is low</p>	<p>Demand for healthcare seems to only ever head in one direction (upwards)</p>	<p>People often report ending up in the wrong place for too long, be it a hospital bed or the wrong service</p>	<p>A challenging financial situation for all providers of care in York</p>
<p>Limited resilience in a number of smaller voluntary sector organisations</p>	<p>The long shadow and collective trauma of COVID</p>	<p>A reversal of inequality gains - people in poorer parts of York are dying earlier than they should</p>	<p>Access issues to several services, including urgent care, primary care and dentistry</p>
<p>Huge backlogs in care and long waits, across hospital care but also GP, community and social care.</p>	<p>A young people's mental health crisis, apparent even before the pandemic made it worse</p>	<p>A 'crisis management', system, not a 'preventative' system</p>	<p>Labyrinth systems – people feel they bounce from one gatekeeper to another</p>

Our health needs (JSNA)

<p>Preventable ill-health 1 in 10 smoke 2 in 3 adults overweight or obese 1 in 7 live with depression</p>	<p>Widening inequality gaps Healthy Life Expectancy Health of those with a learning disability School readiness</p>	<p>York's 'red flags' Alcohol consumption/admissions, multiple complex needs, drug related death, student health</p>
<p>Economic factors Lower than average income 10% of children living in poverty Housing affordability gap</p>	<p>Changing Demographics Aging & growing population 4% ↑ hospital use (annual), 10% social care, 2.5% ↑ in GP (over 5yrs)</p>	<p>Mental Health u18s admissions for mental health need High prevalence of common MH illness High suicide and self-harm rate</p>

Our priorities

Overarching goal: Delivery of the York Health and Wellbeing Strategy

- **Quality of services:** quality, safety, experience of care
- **Population health:** health generation, prevention, early intervention
- **Access to services:** general practice, dentistry, planned care
- **Resilient community care:** preventing admissions, in-and-out-of-hospital care, effective discharge
- **Urgent and emergency care:** capacity, resilience, responsiveness

How will we achieve our ambitions?

- Strengthen **foundations**, governance and joint decision making in our place partnership, to demonstrate the behaviours agreed in our 'Charter'.
- **Coproduce** plans with communities, staff groups and partners.
- Develop and embed a **population health** approach using the CORE20PLUS5 framework.
- Lead the health and care sector response to the three **City Strategies**.
- Join up health and care **research and innovation** potential in York.
- Produce a realistic future **workforce** strategy based on the concept of an integrated York 'health and care team'.

Our framework for a health generating city



GROW

the things which keep us healthy



ACT

early and prevent ill health



CARE

with compassion and quality



CONNECT

things into one York team